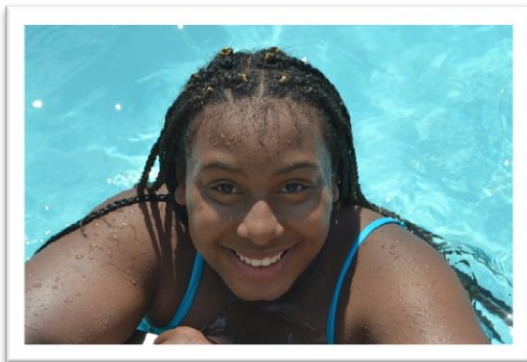




## Typical Adventure camp day...

8:00	Wake-up
8:30 am	Prayer/Breakfast
10:00 am	Capers
10:30 am	Hop on the BUS!
11:30 am	Arrive at the day's adventure
12:30 pm	Prayer/Lunch
1:30 pm	Rest Period
2:30 pm	Adventure Activity
3:30 pm	Adventure Activity
4:30 pm	Adventure Activity
5:30 pm	Prayer/Dinner
7:00 pm	Evening Activity
11:00 pm	Lights out



Adventures include canoeing, campfires, outdoor cooking, caving, pontoon boating, sailing, bead time, hiking, swimming, tent camping, crafts, large group games and more.

Adventure Campers sleep out each night in a gender designated tent. Adventure Staff members sleep in separate tents in close proximity to the campers. Adventure Campers store their belongings in the Adventure Outpost at Camp Rancho Framasa taking only the items needed for the current day/evening.