

## CYO CAMP PACKING LISTS

*Optional for all sessions: Camera, notebook/reading materials, writing supplies/postage.*

### **TRADITIONAL, EXPLORE, RANCH HANDS, MUSTANG, SASSAFRAS, JUNIOR COUNSELOR, ADULT RECREATION CAMP**

#### **Must Haves:**

- T-Shirts & shorts
- Bedding (twin sheets/blanket/pillow)
- Shampoo/soap
- Tennis Shoes & Socks
- Sweatshirts
- Towels (2 minimum)/Wash Cloths
- Long Pants or Sweats
- Creek stomping shoes (not flip flops)
- Rain Gear
- Underwear
- Water Bottle
- Sleepwear
- Toothbrush/Paste
- Swimsuit
- White T-shirt labeled with child's name
- Bug Spray/sunscreen
- Sleeping Bag (Explore Campers Only)
- Labeled laundry bag

### **ADVENTURE CAMP**

#### **Must Haves:**

- T-Shirts & shorts
- Flashlight
- Sleeping Bag/pillow
- Backpack
- Shampoo/soap
- Rain Gear
- Sweatshirts
- Swimsuit
- Towels (2 minimum)/Wash Cloths
- Toothbrush/Toothpaste
- Long Pants or Sweats
- Socks
- Sleepwear
- Underwear
- "Sports" Sandals (such as Crocs)
- Water Bottle
- Sturdy Knee Pads (for caving)
- Old Clothes (caving - pants/long sleeve shirt)
- Gloves for caving (optional)

## UNPACKING LIST FOR ALL CAMPS

Please do not bring any of the following to camp.

<ul style="list-style-type: none"><li>● Cell phones or smartwatches</li><li>● Handheld electronic games</li><li>● Cash</li><li>● iPod</li><li>● Food-- includes candy and gum</li><li>● Jewelry (stud earrings ok)</li><li>● Radios</li><li>● Tobacco products, vape pens of any kind</li></ul>	<ul style="list-style-type: none"><li>● Drugs or alcohol</li><li>● Pets (even during check-in and out)</li><li>● Anything of emotional attachment</li><li>● Fans (the cabins have AC)</li><li>● Knives, includes pocket knives, weapons</li><li>● Lighters or matches</li><li>● Valuables</li></ul>
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## CYO CAMP PACKING TIPS & INFO

- Pack clothing in a duffle bag and toiletries in a shower caddy.. They tend to be the most convenient.
- Camp is a good place to wear out old clothes.
- Try to consider ALL possible weather conditions when packing.
- Use the PACKING and UNPACKING lists that are provided.
- Campers will be responsible for providing their own bedding, toiletries, and clothing (see packing list).
- Campers are asked to bring creek stomping shoes. Most types of shoes will work as a creek stomping shoe EXCEPT flip flops. Having a designated pair of shoes to get wet in the creek ensures that campers will have dry shoes for other activities. Sending additional socks and more than one pair of shoes for dry wear is also recommended.
- Remember that comfortable shoes will make traveling around camp a much more pleasant experience, and participating in High Ropes, Horseback Riding, or Caving (for Adventure campers) will require athletic-type shoes (closed-toe, sports sandals are not OK for these activities).
- Do not let your child bring any items or clothing of great value or emotional attachment. Things can soil easily, and in a cabin full of excited campers, personal belongings can get mixed up and lost.
- Labeling all items is suggested to help keep your camper's belongings easily distinguished from others and to make retrieval from lost and found easier.
- Providing a designated, labeled dirty laundry bag can help campers keep track of their clothing.



Questions? Contact [registrar@campranchoframasa.org](mailto:registrar@campranchoframasa.org)