

## Health Care Info

CYO Camp employs a Health Care Manager for the summer and camp nurses for each session. They provide health screenings, take care of campers and staff that are sick or injured, talk to parents, and distribute medications to campers who need them. All health care at CYO Camp is under the guidance of the camp doctor (off-site) and their standing orders, and ACA guidelines. Campers who arrive at camp ill or injured will be asked to reschedule their camp session.

### Health Care Guidelines

- ❖ Campers **MUST** have a Health History Form completed prior to attending camp. This is part of the online registration process. Campers do not need a physical to attend camp.
- ❖ Campers who have experienced an injury or illness prior to camp that would affect participation (ie. fevers, breaks, fractures, strains, tears, sprains, rashes) must be assessed by the camp co-director and health care staff to attend camp. This assessment should occur prior to check-in. Please contact Lauren at [lauren@campranchoframasa.org](mailto:lauren@campranchoframasa.org) or 812-988-2839, x125. If the assessment determines that the camper cannot attend camp, a credit will be issued for a future camp session. Campers wearing a splint or cast will not be able to attend camp.
- ❖ Each camper will be asked about exposure to and history of having head lice upon arrival to camp. If live lice are present, campers will not be permitted to stay at camp. A credit for a future session of camp will be given.

### MEDICATION INFORMATION

Please note the following for all camps:

- ❖ All medications including over-the-counter medications must be in their original container AND for the prescribed person. Consider bringing just enough for the time at camp rather than your child's entire supply.
- ❖ Non-prescription/over-the-counter medication including ointments, sprays, etc. may be brought to camp. However, the Camp maintains a stock of over-the-counter medications for your child to use during their stay with us. If your child uses a non-prescription medication every day, he or she should bring their own.
- ❖ Have all medications in a labeled **gallon-size Ziploc type bag** in hand (not packed in bags) ready to turn into the Health Care Staff upon arrival to camp.
- ❖ Medication brought to camp, may not be stored with the camper's personal gear or in the cabin.
- ❖ You may change medication listed for your camper in your account any time before 9 am on check-in day.

**ALL medication MUST be turned in to the Health Center upon arrival to camp AND MUST be in its original container.**

This includes:

- ❖ Prescription Drugs (including ointments, creams, eye drops, or ear drops)
- ❖ Non-prescription medications
- ❖ Homeopathic Remedies (Includes essential oils that are ingested)
- ❖ Vitamins and Supplements
- ❖ Inhalers and Epi-pens (can be carried by your child's counselor after checking them in)

## Health Care Concerns

**A Camp Staff member will CALL YOU in the following situations:**

- ❖ Camper has COVID-19 symptoms.
- ❖ Camper is admitted to the Health Center and requires extended attention, treatment, or observation by the camp health staff.
- ❖ Camper requires a visit to the doctor or hospital.
- ❖ Camper is involved in a medical emergency.
- ❖ Camper has declined or refused to take his or her medication.
- ❖ Camper is seen more than 2 times for the same health concern, and it has not been resolved.
- ❖ Camper vomits or has diarrhea.
- ❖ Camper has a temperature of 100 degrees or higher.
- ❖ Female camper has her first menstrual cycle.
- ❖ Camper experiences a physical change such as excessive bug bites, rash, or sunburn.
- ❖ The health staff has a medical/health-related concern about a camper for which they need parental guidance or clarification.
- ❖ Health staff will also discuss any health-related concerns with parent(s) during check-out.

## ACCIDENT INSURANCE

Camp Rancho Framasa provides excess accidental medical expense coverage. This insurance pays for expenses' remaining after a claim has been made on any existing coverage that is being carried on your child. Only in cases where there is an absence of coverage will this policy pay claims first. Normally, any remaining deductible and copay are paid under this policy. The policy is on file at the Catholic Youth Organization office. That office can be reached at 317-632-9311.



**CYO CAMP RANCHO FRAMASA**

Questions? Contact [registrar@campranchoframasa.org](mailto:registrar@campranchoframasa.org)