



CYO Camp Rancho Framasa

Pack like a pro.

Make sure you pack the right stuff for an exceptional week at Camp. Because learning personal responsibility is an important part of the Camp experience, please talk to your camper about keeping track of personal items. To help recover lost items, put their first and last name on all belongings.

Packing List

| Clothing | Bedding/Personal Hygiene | Other Items |
|--|---|--|
| <ul style="list-style-type: none"> ○ T-Shirts ○ Shorts ○ Long Pants ○ Sandals/Flip Flops ○ Closed-toe shoes ○ Sneakers ○ Creek stomping shoes (sport sandals work best) ○ Jacket ○ Rain poncho or rain jacket ○ Pajamas ○ Sweatshirt ○ Bathing Suit ○ Underclothes ○ Socks ○ White t-shirt (labeled with child's first and last name for tie-dye) | <ul style="list-style-type: none"> ○ Pillow ○ Pillowcase ○ Twin-Size Sheets ○ Blankets ○ Beach Towel ○ Bath Towels ○ Wash Cloth ○ Comb/Brush ○ Shampoo/Conditioner ○ Soap | <ul style="list-style-type: none"> ○ Reusable Water Bottle ○ Flashlight ○ Writing Material ○ Shower Shoes ○ Insect Repellent ○ Sun Block ○ Sunglasses ○ Battery Operated Fan ○ Camera ○ Laundry bag labeled with your child's first and last name. ○ Medications (must be left with the nurses at check-in. This includes prescription, over-the-counter medications, homeopathic remedies, and vitamins) |

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| <p>EXPLORE CAMPERS should also bring:</p> <ul style="list-style-type: none"> ○ Sleeping Bag | <p>ADVENTURE CAMPERS should also bring:</p> <ul style="list-style-type: none"> ○ Sleeping Bag ○ Sturdy Knee Pads (for caving) ○ Old Clothes (for caving - pants/long sleeve shirt) ○ Gloves for caving (optional) |
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Unpacking List for all Camps.

Please do not bring any of the following to camp. Possession of drugs, drug paraphernalia, tobacco, or alcohol products is grounds for immediate dismissal from Camp.

- Laptops, tablets, e-readers
- Smart watches
- Handheld electronic games
- Cash
- Food-- includes candy and gum
- Jewelry (stud earrings ok)
- Radios
- Tobacco products, vape pens of any kind
- Cell phones
- Drugs or alcohol
- Pets (even during check-in and out)
- Anything of emotional attachment
- Fans (the cabins have AC)
- Knives, includes pocket knives
- Weapons or ammunition
- Lighters or matches
- Valuables

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Pro-tips.

Packing

- Pack clothing in a duffle bag and toiletries in a shower caddy. They tend to be the most convenient. We recommend something like this for the shower caddy. It has a zipper to close items in; this helps prevent kiddos from losing their shower belongings. We found this one on Amazon for about \$7.00.
- Think about how much your camper will be keeping track of. It is ideal if they only have to keep track of a duffle bag, shower caddy, and their bedding.
- Camp is a good place to wear out old clothes. Buying and packing new clothes for camp is fun but items can get ruined at camp.



Shoes

- Campers are asked to bring creek stomping shoes. Most types of shoes will work as a creek stomping shoe EXCEPT flip flops. Having a designated pair of shoes to get wet in the creek ensures that campers will have dry shoes for other activities. Sending additional socks and more than one pair of shoes for dry wear is also recommended. Shoes travel well in large zip plastic bags placed inside their duffel bag.
- Remember that comfortable shoes will make traveling around camp a much more pleasant experience, and participating in High Ropes, Horseback Riding, or Caving (for Adventure campers) will require athletic-type shoes (closed-toe, sports sandals are not OK for these activities).

Weather & How Many?

- Try to consider ALL possible weather conditions when packing.
- Some campers will be at camp for six days, some for three days. Consider the amount of time your child will be at camp and how dirty they might get their clothing. That last part is tricky. Some kids tend to be cleaner than others. You know your kiddo best. When packing clothing, pack at least one T-shirt, one pair of socks, one pair of shorts, one set of pajamas, and one pair of underwear (bra, if they wear one) **for each day they will be at camp**. Then consider your child. Does he or she wet the bed? Are they a messy eater? Does dirt just find them? In these cases, we suggest packing at least three extra T-shirts, pairs of socks, shorts, pajamas, and underwear (bra, if they wear one).
- If your child might wet the bed, pack two sets of twin sheets and extra blankets. If they do wet the bed, we will wash the soiled bedding and replace it with the clean ones. We will do this each night your child wets the bed. We are very discreet when supporting campers who wet the bed. If you are packing night underwear that is absorbent, you might also consider packing a plastic bag for your child to put the underwear in before throwing it away. This helps a camper to keep their bed wetting private.

Keeping Track

- Label all items including their dirty clothes bag with your child's first and last name is suggested to help keep your camper's belongings easily distinguished from others and to make retrieval from lost and found easier. We suggest something like this. Found on Amazon for about \$6.00.
- Provide a designated, dirty, laundry bag labeled with your child's first and last name that can help campers keep track of their clothing.
- Do not let your child bring any items or clothing of great value or emotional attachment. Things can soil easily, and in a cabin full of excited campers, personal belongings can get mixed up and lost.
- Campers are responsible for their personal belongings. CYO Camp is not responsible for items that are lost or stolen.

