

Summer Camp 2016 Traditional Camp () Adventure () Adult Recreation ()

Week #1	BREAKFAST	LUNCH	DINNER	Snack
SUN. June 5,2016	Every Breakfast: English Muffins/ Bread Bagels/ Cream Cheese/ Butter Earth Balance/ Bread/ P.B. &J/Cereal		Grilled Chicken Tenders V-Potato Medley Oven Roasted Potatoes Corn Walking Fruit Salad Bar Blonde Brownies	Pretzels & Bananas
MON. June 6,2016	French Toast Cheese Grits Sliced Ham V-Veggie Sausage Yogurt Parfait/Fresh Berries/Granola Hard Boiled Eggs 1/2 gal O.J. on each table	Ground Sloppy Joe in Pita Pocket V-Veggie Chick Pea Spread on Bun Curley Fries Baby Carrots on each table Sliced Apples on each table Walking Fruit Salad Bar	Spaghetti & Meat Sauce V-Meatless Sauce Green Beans Dinner Rolls Walking Fruit Salad Bar No Bake Cookies	Trail Mix
TUES. June 07,2016	Scrambled Eggs (no Cheese) Hash Browns Bacon V-Veggie Sausage Yogurt Parfait/Fresh Berries/Granola	Sliced Turkey & Cheese on Bun V-Veggie Sub (Pan Bagna) Pasta Salad Chocolate Chip Cookies Salad Bar/ Walking Fruit	All Camp Cook Out See Packing List on Board	No Snack Tonight
WED. June 08,2016	W.G. Biscuit Sausage Gravy V-White Gravy Yogurt Parfait/Fresh berries/Granola 1/2 gal O.J. on each table	Grilled Cheese Potato Chips Baby Carrots on each table Walking Fruit Salad Bar Ice Cream Bars	Penne Pasta with Meat sauce V-Meatless Sauce Steamed Broccoli W.G. Bread Sticks Salad Bar / Walking Fruit Apple Sauce Cake	Cheese-Its & Grapes
THURS. June.09,2016	Regular Fluffy Pancakes Sausage Links V-Veggie Sausage Roasted Potatoes Hard Boiled Eggs Yogurt Parfait/Fresh Berries/Granola	Boneless Chicken Wings V-Veggie Chicken Nuggets Sun Chips Walking Fruit Salad Bar Sliced Oranges on each table	Cheese & Pepperoni Pizza Baby Carrots on each table Grapes on each table Walking Fruit Salad Bar Sliced Cantaloupe on each table	No Kitchen Snack
FR. June 10,2016	Applesauce Muffins (on each table) (Make sure you have Adv. Muffins plated up for the) Hard Boiled Eggs 1/2 gal O.J. & 1/2 gal Milk on each table	Hamburgers/Brats/Hot Dog V-Black Bean Burger/Veggie Hot Dog Pretzels Potato Salad Brownies	(Set up for Saturday's Cold Breakfast for the Staff)	
SAT. June 11,2016				